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ABSTRACT HEAT PASTEURIZED LIQUIDS CONTAINING GLUCOSAMINE

The disclosure provides methods of making heat-pasteurized liquids, such as beverages, that contain glucosamine, wherein glucosamine is present in the beverage during the pasteurization process. The disclosure also provides liquids, such as beverages, made by these methods, as well as methods of using the glucosamine supplemented liquids, for example to treat osteoarthritis.